

## **Child Behavior Checklist (CBCL)**

This is a parent-on-child questionnaire in which the child is rated on various behavioral and emotional problems. It is one of the most widely-used and standardized measures for evaluating maladaptive behavioral and emotional problems in childhood and adolescence. It assesses internalizing (i.e., anxious, depressive, and overcontrolled) and externalizing (i.e., aggressive, hyperactive, noncompliant, and undercontrolled) behaviors. A series of broadband behavioral syndrome scores are also derived, such as: Emotional Reactivity, Anxious/Depressed, Somatic Complaints, Withdrawn, Sleep Problems, Attention Problems, and Aggressive Behavior.

Link for purchase (*note: only the newer version is commercially available; not the version used in this sample*): <http://shop1.mailordercentral.com/aseba/>

Achenbach, T.M., Edelbrock, C.S. (1981). Behavioral problems and competencies reported by parents of normal and disturbed children aged four through sixteen. *Monogr Soc Res Child Dev.*, 46(1), 1-82.