

Childhood Anxiety Sensitivity Index (CASI)

This is an 18-item scale designed to measure a child's tendency to view anxiety-related bodily sensations as dangerous or fear invoking. For instance "when my stomach hurts, I worry that I might really be sick". Anxiety sensitivity as a construct is the belief that one's anxious symptoms can have negative consequences, which is believed to be a distinct concept from frequency of anxious symptoms. It is highly correlated with individual measures of fear.

Link for purchase: <http://www.anxietysensitivityindex.com/forms/casi.pdf>

Silverman, W.K., Fleisig, W., Rabian, B., & Peterson, R.A. (1991). Child anxiety sensitivity index. *J Clin Child Adolesc Psychol.*, 20, 162–168.