

## **Family Adaptability and Cohesion Scale (FACES)**

This measure is used to determine patterns of family functioning. The two major parameters being explored are cohesion and adaptability. A balanced level of both are said to be the most influential for family development. This questionnaire consists of short statements family members are to rate regarding their views of family life, such as 'children have a say in their discipline' and 'family members avoid each other at home'. Each statement is ranked on a 5-point scale ranging from 'almost never', a score of 1, to 'almost always', a score of 5.

Link for purchase (*note: only the newer version is commercially available; not the version used in this sample*): <http://www.facesiv.com/>

Olson, D.H., Sprenkle, D.H., & Russell, C.S. (1979). Circumplex model of marital and family systems 1: Cohesion and adaptability dimensions, family types, and clinical applications. *Fam Process, 18*, 3-28.