

GLOBAL ASSESSMENT SCALE (GAS)

This rating scale is commonly used to evaluate overall functioning of an individual during a specified time period on a continuum from psychological or psychiatric sickness to health. The relative simplicity, reliability, and validity of the GAS suggest that it is useful in a wide variety of clinical and research settings with varied populations.

Spitzer, R. L., Gibbon, M., & Endicott, J. (1978). *Global assessment scale (GAS)*. New York: New York State Department of Mental Hygiene.