

Parenting Stress Index (PSI)

This instrument assesses the magnitude of stress one may perceive in their parenting role. It targets several parent/child characteristics that may affect the stress level in the dyadic system. The outcome scores include parental distress, parent-child dysfunctional interaction, difficult child and defensive responding.

Link for purchase (*note: only the newer version is commercially available; not the version used in this sample*): <http://www4.parinc.com/Products/Product.aspx?ProductID=PSI-4#RelatedProducts>

Abidin, R.R., Flens, J.R., & Austin, W.G. (1995). Parenting Stress Index. *Forensic uses of clinical assessment instruments*, 297-328.