REVISED CHILDREN'S MANIFEST ANXIETY SCALE (RCMAS)

This is a self-report measure designed to assess the level and nature of anxious feelings in children based on 37 yes or no questions. A Total Anxiety score is then computed, which is also subdivided into three anxiety subscales: physiological anxiety (somatic manifestations of anxiety such as sleep difficulties, nausea and fatigue); worry/oversensitivity (obsessive concerns about a variety of things, most of which are typically vague and ill-defined, as well as fears about being hurt or emotionally isolated); and social concerns/concentration (distracting thoughts and fears that are social or interpersonal in nature).

Link for purchase (note: only the newer version is commercially available; not the version used in this sample):
