

Retrospective Self-Report of Inhibition (RSRI)

This is a self-report measure that asks about certain behavioral inhibitions that may be representative of one's childhood to a degree. It is comprised of 30 statements on a 4-point scale ranging from "not at all" [like me] to "extremely" [like me]. Example of a typical item posed: "Did your teachers have trouble hearing you when you spoke or answered a question in class?" Behavioral inhibition can be predictive of anxiety in certain individuals.

Reznick, J.S., Hegeman, I.M., Kaufman, E.R., & Woods, S.W. (1992). Retrospective and concurrent self-report of behavioral inhibition and their relation to adult mental health. *Dev Psychopathol.*, 4, 301-321.