Retrospective Self-Report of Inhibition (RSRI)

This is a self-report measure that asks about certain behavioral inhibitions that may be representative of one’s childhood to a degree. It is comprised of 30 statements on a 4-point scale ranging from “not at all” [like me] to “extremely” [like me]. Example of a typical item posed: “Did your teachers have trouble hearing you when you spoke or answered a question in class?” Behavioral inhibition can be predictive of anxiety in certain individuals.