

John K, Gammon GD, Prusoff BA, Warner V. The Social Adjustment Inventory for Children and Adolescents (SAICA): Testing of a New Semistructured Interview. *J Amer Acad Child Adol Psychiat* 26(6):898-911,1987.

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SOCIAL ADJUSTMENT

ASK PARENTS AND CHILDREN

Note: Time period assessed is the CURRENT GRADE IN SCHOOL (including the previous summer for out of school behavior) unless too little time (1-2 months) has been spent in or too little information is available on the current grade. In such instances, the preceding school year should be included in the assessment.

DATE AT BEGINNING OF ASSESSMENT PERIOD:

MONTH		YEAR	

DATE AT END OF ASSESSMENT PERIOD:

MONTH		YEAR	

SCHOOL AND TEACHER INFORMATION

Ask about current year and prior year.

a. What school do you go to? Where is that located?

For children grades K-6

b. What is the name of your teacher this year?

For children 7-12

**c. Who is the teacher who knows you best?
What does s/he teach?**

A. SCHOOL FUNCTIONING

1. How are you doing in school? What subjects do you have? What kind of grades do you get?

Please rate academic subjects on the following scale.

a. READING/ENGLISH

b. ARITHMETIC/MATH

c. _____

d. _____

e. _____

	Above Average	Average	Below Average	Failing
a. READING/ENGLISH	1	2	3	4
b. ARITHMETIC/MATH	1	2	3	4
c. _____	1	2	3	4
d. _____	1	2	3	4
e. _____	1	2	3	4
2. Are there different reading and arithmetic groups in your class at school? Which group are you in?	X	Not applicable		
<i>Review ratings (specify academic 'track' or group). If discrepancies exist make notes but CODE FOR HIGHEST ACHIEVEMENT</i>	1	Above Average		
	2	Average		
	3	Below Average		
	4	Far below average		

3. How do you feel about school? Do you enjoy school? Do you like your teachers? Do your teachers like you? How much? What about the other kids? Do you get along well with them?

	Positive	More Positive Than Negative	More Negative Than Positive	Negative
a. ATTITUDE TOWARDS SCHOOL WORK	1	2	3	4
b. ATTITUDE TOWARDS TEACHERS	1	2	3	4
c. TEACHER'S ATTITUDE TOWARDS CHILD	1	2	3	4
d. RELATIONSHIPS WITH OTHER STUDENTS	1	2	3	4

4. Do you have problems or do you get into trouble at school? How about for (list): Is that more than the other kids? How much of a problem is it?

	Not a Problem	Mild Problem	Moderate Problem	Severe Problem
a. Not paying attention or listening	1	2	3	4
b. Not doing as well as you can/ not working up to your ability	1	2	3	4
c. Being noisy; bothering other kids/ being disruptive in class	1	2	3	4
d. Being too shy/ not participating/being introverted	1	2	3	4
e. Getting into fights/ being assaultive	1	2	3	4
f. Being left out/ excluded by others	1	2	3	4
g. Damaging school or other people's property	1	2	3	4
h. Getting very upset/ having difficulty accepting mistakes or criticism	1	2	3	4
i. Giving up too easily/ being defeated/ not trying	1	2	3	4
j. Always wanting to be noticed/ the center of attention	1	2	3	4
k. Being overly anxious to please/ concerned with rules	1	2	3	4
GLOBAL RATING OF SCHOOL BEHAVIOR PROBLEMS <i>Interviewer rate according to chronicity and seriousness of consequences</i>	1	2	3	4

B. Spare Time Activities

1. What kinds of things do you like to do in your

free time? How about (list)? Do you like doing that a lot? How much do you do that?

a. Collecting/ making things

b. Sports/ physical activities

c. Reading/ looking at books

d. Listening to music

e. Playing musical instruments

f. Playing with toys, games, etc.

g. Extra curricular school, church, or community activities

h. Jobs/chores

i. Other constructive activity

Specify: _____

GLOBAL RATING OF SPARE TIME ACTIVITIES

Interviewer rate according to amount of time spent, interest in, and age appropriate quality of spare time activities

	Very Involved	Pretty Involved	Not Very Involved	Not at all Involved
a. Collecting/ making things	1	2	3	4
b. Sports/ physical activities	1	2	3	4
c. Reading/ looking at books	1	2	3	4
d. Listening to music	1	2	3	4
e. Playing musical instruments	1	2	3	4
f. Playing with toys, games, etc.	1	2	3	4
g. Extra curricular school, church, or community activities	1	2	3	4
h. Jobs/chores	1	2	3	4
i. Other constructive activity	1	2	3	4
Specify: _____				
GLOBAL RATING OF SPARE TIME ACTIVITIES	1	2	3	4

2. During the school year, how much TV do you usually watch every week? After school? After supper? On Saturday?

1	7 or fewer hours per week
2	8-14 hours per week
3	15-21 hours per week
4	22-35 hours per week
5	More than 35 hours per week

3. Do you spend free time mostly alone or mostly with other kids? More with others than alone, or more alone than with others?

1	Mostly with others
2	More with others than alone
3	More alone than with others
4	Mostly alone

4. Do you have any problems in how you spend your free time? How about (list):How much of a problem is that?

	Not a Problem	Mild Problem	Moderate Problem	Severe Problem
a. Being bored	1	2	3	4
b. Not liking/ having trouble playing or working alone	1	2	3	4
c. Hanging out (e.g. downtown, arcades)	1	2	3	4
d. Not being interested in anything much/ being indifferent to most activities	1	2	3	4
e. Spending a lot of time daydreaming/ in fantasy	1	2	3	4
f. Getting into mischief/ destroying things	1	2	3	4
GLOBAL RATING OF SPARE TIME PROBLEMS <i>Interviewer rate according to chronicity and seriousness of consequences</i>	1	2	3	4

C. Peer Relations

1. How do you get along with other kids? Do you make friends easily? Are kids always calling you to do things? Would you say you're popular? Do you have a best friend? Do you have a group of friends? Have you stayed friends with the same kids for a long time? Are you the kind of kid that other kids follow or are you more likely to do what the others are doing? How true is that?

	Very True	Pretty True	Not Very True	Not At All True
a. Makes new friends easily	1	2	3	4
b. Is popular with others	1	2	3	4
c. Has one or two special friends	1	2	3	4
d. Has a steady group of friends	1	2	3	4
e. Is a leader	1	2	3	4
GLOBAL RATING OF ACTIVITY WITH PEERS <i>Interviewer rate according to interests in, time spent, and positive involvement with peers</i>	1	2	3	4

2. Do you ever have any problems with other kids?

How about (list): Is that more than other kids? How much of a problem is it?

	Not a Problem	Mild Problem	Moderate Problem	Severe Problem
a. Being shy with other kids	1	2	3	4
b. Being teased/ bullied by other kids	1	2	3	4
c. Bullying other kids	1	2	3	4
d. Having trouble keeping friends	1	2	3	4
e. Wanting to be with grownups	1	2	3	4
f. Wanting to be with older kids	1	2	3	4
g. Wanting to be with younger kids	1	2	3	4
h. Wanting to be with girls/boys (opposite sex)	1	2	3	4
i. Doing things because other kids are doing them even if you may get into trouble	1	2	3	4
j. Hanging out with other kids who get into trouble	1	2	3	4

GLOBAL RATING OF PEER PROBLEMS
Interviewer rate according to chronicity and seriousness of consequences

1	2	3	4
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NOTE: For children approximately 12 years or older

3. Do you have friends who are girls /boys? Do you go to school dances or boy-girl parties? Do you have a girlfriend/boyfriend? Do you go out alone with girls/boys? How true is that?

	Very True	Pretty True	Not Very True	Not At All True
a. Has friends of opposite sex	1	2	3	4
b. Attends school dances/ boy-girl parties	1	2	3	4
c. Has a girlfriend/ boyfriend	1	2	3	4
d. Dates	1	2	3	4

GLOBAL RATING OF BOY-GIRL RELATIONSHIPS

Interviewer rate according to interests in, time spent, and positive involvement with opposite sex

Very Active	Pretty Active	Not Very Active	Not At All Active
1	2	3	4

NOTE: For children approximately 12 years or older

4. Do you have problems in your relationships with girls/boys? How about with (list): Is that more than other kids? How much of a problem is it?

- a. Going steady (*fused relationship*)
- b. Having sex with many different boys/ girls (*promiscuity*)
- c. Avoiding boys/ girls
- d. Having trouble establishing relationships with girls/ boys

Not a Problem	Mild Problem	Moderate Problem	Severe Problem
1	2	3	4
1	2	3	4
1	2	3	4
1	2	3	4
1	2	3	4

GLOBAL RATING OF PROBLEMS WITH OPPOSITE SEX

Interviewer rate according to chronicity and seriousness of consequences

D. Current Home Behavior

Determine the applicability of the following items and consider the ages of siblings, etc., in your ratings.

1. How well do you get along with your brother(s) and/or sister(s)? Do you play with them or do things with them? Are you friendly/affectionate toward them? Do you talk with them? How true is that?

- a. Plays or does things with them
- b. Is friendly toward/ affectionate with them
- c. Talks with them

Very True	Pretty True	Not Very True	Not At All True	NA
1	2	3	4	X
1	2	3	4	X
1	2	3	4	X
Very Active	Pretty Active	Not Very Active	Not At All Active	NA

GLOBAL RATING OF SIBLING RELATIONSHIPS

Interviewer rate according to age appropriate positive involvement with siblings

1	2	3	4	X
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2. Do you have any problems with your brother(s) and/or sister(s)? How about (list): Is that more than other kids? How much of a problem is it?

- a. Avoiding (contact) with sibling(s)
- b. Scapegoating / bullying sibling(s)
- c. Injuring sibling(s)
- d. Being avoided by sibling(s)
- e. Being scapegoated / bullied by sibling(s)
- f. Being injured by sibling(s)

Not a Problem	Mild Problem	Moderate Problem	Severe Problem	NA
1	2	3	4	X
1	2	3	4	X
1	2	3	4	X
1	2	3	4	X
1	2	3	4	X
1	2	3	4	X
1	2	3	4	X

GLOBAL RATING OF PROBLEMS WITH SIBLINGS

Interviewer rate according to chronicity and seriousness of events

3. How well do you get along with your mother? Do you do things with her? Are you friendly and affectionate toward her? Do you talk with her? How true is that?

- a. Does things with mother
- b. Is friendly/ affectionate toward mother
- c. Talks with mother

Very True	Pretty True	Not Very True	Not At All True	NA
1	2	3	4	X
1	2	3	4	X
1	2	3	4	X
Very Active	Pretty Active	Not Very Active	Not At All Active	NA

GLOBAL RATING OF RELATIONSHIP WITH MOTHER

Interviewer rate according to age-appropriate positive involvement with mother

1	2	3	4	X
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4. How well do you get along with your father? Do you do things with him? Are you friendly and affectionate toward him? Do you talk with him? How true is that?

- a. Does things with father
- b. Is friendly/ affectionate toward father
- c. Talks with father

Very True	Pretty True	Not Very True	Not At All	True NA
1	2	3	4	X
1	2	3	4	X
1	2	3	4	X

GLOBAL RATING OF RELATIONSHIP WITH FATHER
Interviewer rate according to age- appropriate positive involvement with father

Very Active	Pretty Active	Not Very Active	Not At All	Active NA
1	2	3	4	X

5. Do you have problems with things that your parents ask you to do? For example, when they ask you to do chores or come home at a particular time, what happens? How about (list): Is that more than for other kids? How much of problem is it?

- a. Strong negative reaction or refusal to do chores or honor restrictions
- b. Dangerous irresponsibility around the house (e.g., leaves stove on)
- c. Damages home or family property
- d. Physically threatens or attacks parents

Not a Problem	Mild Problem	Moderate Problem	Severe Problem
1	2	3	4
1	2	3	4
1	2	3	4
1	2	3	4

GLOBAL RATING OF PROBLEMS WITH PARENTS
Interviewer rate according to chronicity and seriousness of events

1	2	3	4
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