

## Symptom Checklist 90 (SCL-90)

This is a self-report questionnaire used to evaluate psychological ailments and symptoms of psychopathology. The primary dimensions being assessed are somatic complaints, obsessions and compulsions, interpersonal sensitivity, depression and anxiety, hostility, phobias, paranoia, and psychoticism. It is one of the most widely used measures of psychological distress in clinical practice and research.

Link for purchase (*note*: only the newer version is commercially available; not the version used in this sample): <https://psychcorp.pearsonassessments.com/HAIWEB/Cultures/en-us/Productdetail.htm?Pid=PAg514>

Derogatis, L.R., Rickels, K., Rock, A.F. (1976). The SCL-90 and the MMPI: a step in the validation of a new self-report scale. *Br J Psychiatry*, 128, 280-289.